

General Information	
Academic subject	Methods and Didactics of Motor and Sport Activities
Degree course	LM-85/bis - Primary Teacher Education
Curriculum	=
ECTS credits	8+1
Compulsory attendance	Attendance is recommended
Language	Italian Language

Subject teacher	Name Surname	Mail address	SSD
	Antonio Ascione	antonio.ascione@uniparthenope.it	M-EEDF 01

ECTS credits details	Field	Sector	ECTS credits
Basic teaching activities	11/D2	M-EDF/01	8+1

Class schedule	
Period	II SEMESTER Academic year 2021/2022
Year	IV YEAR
Type of class	Conventional

Time management	
Hours measured	1h= 60min
In-class study hours	60 H + 10 H of Laboratory Activities
Out-of-class study hours	

Academic calendar	
Class begins	March
Class ends	April

Syllabus	
Prerequisite requirements	Nobody
Expected learning outcomes	<p><i>Knowledge and understanding</i></p> <p>Know and understand the principles underlying the Motor and Sport Activities for the conception of new learning contexts.</p> <p><i>Applying knowledge and understanding</i></p> <p>Advanced knowledge of study, which presupposes a critical understanding of the Theories and Principles founding the Discipline.</p> <p><i>Making informed judgements and choices</i></p> <p>The learner, in relation to the Study and Critical Evaluation of Motor and Sport Activities, will develop the ability to collect and interpret data to improve their judgment and proposal skills.</p> <p><i>Communicating knowledge and understanding</i></p> <p>Advanced skills, which demonstrate mastery and ability to solve complex and unpredictable problems in an Educational, Didactic, Motor and Sports field both for study and for work.</p> <p><i>Capacities to continue learning</i></p> <p>Students must have developed those learning skills that are necessary to manage Motory and Sports Activities or to undertake further studies projects with a high degree of autonomy.</p>

Contents	The Course deals with the study of Youth Sports activity, the evaluation of motor efficiency and the didactic strategies for Motor Education. The Learner will concentrate on the use of the main training methods for different Motor Skills and for the improvement of Performance. At the end of the Course the student will be able to choose and use the main Training Methods differentiating the load according to the type of sport and individual performance.
Course program	<ul style="list-style-type: none"> ➤ Motor Learning ➤ The Body in Motion ➤ Education and Motricity ➤ Know the Movement and the Body Scheme ➤ The Evolutionary Phases of the Movement ➤ Motor Skills in developmental age ➤ Theories, Methodologies and Didactics of Motor Activities ➤ Design and Programming of Motor Activities ➤ Motor Activities ... <i>for All</i>
Bibliography	<ul style="list-style-type: none"> • Garufi, Ginnastica. Teoria Metodologia e Didattica. Idelson-Gnocchi, 2008. • Tafuri, Sport & Allenamento. Idelson-Gnocchi, 2019. • Barba, Atletica. Aspetti Tecnici. Idelson-Gnocchi, 2007. • Tafuri, Metodi & Didattiche delle Attività Motorie. Idelson-Gnocchi, 2017.
Notes	On the basis of specific interests expressed by the students it will be possible to integrate or modify the reference texts.
Teaching methods	The organization of the course provides for the alternation of frontal lessons with multimedia help and workshops. The Microsoft Teams Platform will be used for sharing teaching materials and for any online lessons.
Assessment methods	The Final Evaluation will take place with an Oral Test.
Further information	It is possible to agree with the students on the production of a valid Project Work for the final evaluation. The teacher is available to students, especially for those not attending, for further information by appointment.